

Pulse Retreat 2009 – *Facing the Giants*

By Yeo Zheng Lin

Over the weekend from 20th to 22nd March 2009, many of our youth leaders gathered at Aranda Country Club for a time of retreat and sharing. This retreat is also opened to the younger ones who might be leaders in the future, and ex leaders who have step down.



The theme of the retreat is **Facing the Giants**, and the objective is **Stand firm in faith in unity**. All the activities are tied to this theme and objective. Our speaker, Ron, who was from Campus Crusade for Christ and is now studying in TTC, shared with us his invaluable life experience and also on the topics Chosen, Blessed and Brokenness. One of the topics which touches me is the Brokenness, in which that God is always by our side even though we feel broken, and through him, we can overcome this brokenness.

As most of us usually talk among the people within the same age group and our cliques in church, we were divided into groups with people from different age group. This actually foster tie especially between the younger and older ones, and we also get to play games and fellowship together.

We also shared with each others about our struggles and life experience, and on our last night, we mould out our 'Giants', which

is what we always look onto instead of God, or the things that draw our attention away from God. After we shared with each other on our 'Giants', we crushed them together and mould it into an empty cave, which symbolizes that Christ has risen and has forgiven us of all our wrongdoing and sins.

The most encouraging part of the retreat is to see our 3 youths, Joshua, Kenny and Evania, who attended the SERVE program, taking their step of faith to conduct a workshop on Evangelism. For them, it is also their first time to stand up and speak in front of so many people, and it is very encouraging for us to see that. I think the program really helps to train up our future leaders.

This retreat has really been a refreshing and encouraging time for me, and to get closer to God. It also helps to break the bond between the older and younger youths, through our sharing and fellowship in our groups. I do hope that all these will not stop after the retreat, but continues on in every day of our life.



The empty tomb

Thank God with all my heart and love
For sending me a blessing from above.
I know I'm blessed, I'm like no other
because I've got you for a mother.

Happy Mother's Day!

